

**Lisa Lombard, PhD**  
*Licensed Clinical Psychologist*  
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## EDUCATION

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Ph.D. **University of Chicago**, Department of Psychology (Mental Health Program Committee and Human Development), 1991  
M.A. **University of Chicago**, Committee on Human Development, 1985  
B.A. **University of Chicago**, Department of Behavioral Sciences, 1982

## PROFESSIONAL LICENSURE

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- Licensed Clinical Psychologist (IL: 071.007229; MI: 6301019345; and PsyPact-Authorized)
- MD & VA: Inactive Status

## PRIVATE PRACTICE

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*Clinical Psychologist Independent Private Practice*  
2007 - present, Chicago, Illinois/1995-2006, Alexandria, Virginia

**“Mindbody Possibilities” for children, teens, and adults.** Biopsychosocial integration of insight/depth perspective, clinical hypnosis and mindfulness, and cognitive behavior therapy. Offering play therapy, individual therapy, group work, consultation to schools and other professionals, and teletherapy. Specialized psychological services for management of anxiety, procedural pain associated with self-administered injections, and stress-mediated discomfort associated with chronic health conditions (e.g., food allergies, asthma, eczema, G.I. problems, headaches, pain syndromes). Therapeutic services for children and adults facing unexpected grief and traumatic loss.

*Psychological Consultant & Director of Training/Site Supervisor*, 2009 – 2021.  
The Frances Xavier Warde Preschool/Elementary School, Chicago, Illinois

Provided psychotherapy and counseling to children and families. Consulted and supported families undergoing life transitions. Conducted psychological evaluations and neuropsychological screenings related to cognitive strengths/weaknesses, learning differences, school readiness, social/emotional/personality functioning, and executive functioning. Supervised diagnostic and therapy psychology graduate students. Developed programs for parents/teachers on SEL topics such as resiliency, school readiness, mindfulness in classrooms; psycho-educational challenges, sleep hygiene, and anxiety management. Founding member of Committee on Social Emotional Learning and Technology (SET), to advise parents on technology and social emotional health.

## ADVOCACY & NOT-FOR-PROFIT EXPERIENCE

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*Co-founder and Chief Executive*  
Comfort Kits for Children®, March 2022 – ongoing

Co-founded a nonprofit that facilitates the distribution and teaching of mind-body practices to children and caregivers experiencing traumatic events. Fundraise and collaborate with other NGOs in Ukraine, Poland, Israel, and Chicago. Curate a website of free behavioral health resources for children and caregivers impacted by war and gun shootings. Speak to local and international groups to support and demonstrate how to use the skills offered in Comfort Kit for Children® pamphlets and tote bags.

## CLINICAL RESEARCH

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### *Research Assistant Professor*, March 2020-August 2022

Center for Food Allergy and Asthma Research (CFAAR), Department of Medical Social Sciences, Northwestern Feinberg School of Medicine, Chicago, IL

Researched the psychology of life-threatening food allergies, including novel coping with psycho-emotional experiences, caregiver self-efficacy, bullying, and medical stress/trauma. Led team development of a free, web-based platform of curated behavioral health resources and self-directed wellness practices (with general emphasis on stress management and coping skills for those who work with children) for schools (e.g., special education needs), health care providers, and families. Involved in the planning phase of longitudinal study of Early Relational Health and analysis of behavioral wellness of families during pandemic. Exploratory research on the use of Virtual Reality (VR) and Guided-Imagery Meditation (GIM) during oral immunotherapy and other food allergy/asthma-related stressful experiences.

### *Research Assistant and Co-Investigator*, 1981-1987

Member of University of Chicago Self-Hypnosis Research Project, directed by Erika Fromm, Ph.D.

Participated in data collection, coding, data analysis; hypnosis training; manuscript writing and presentations.

## CLINICAL AND ASSOCIATED PROFESSIONAL EXPERIENCES (POST-DOCTORAL)

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### *Evaluation Consultant*, 2006-2007

Baker Demonstration School, Wilmette, IL

Conducted qualitative program evaluation of a new preschool/pre-k program for private progressive school. Interviewed parents and administrators, synthesized findings and presented results to the Board.

### *Coordinator*, 2005-2006

Cognitive Assessment Program at the Center for Cognitive Development, George Mason University, Fairfax, VA

Managed operation of outpatient children's assessment clinic, staffed by approximately twenty-five clinical and school psychology graduate students. Provided clinical and administrative supervision of intelligence, achievement, and personality assessments (children ages five to sixteen years old). Briefed parents on group testing procedures and the use of psychological tests to determine placement in differentiated and gifted school systems. Managed budget and allocated resources for purchasing testing supplies, making payments to examiners, and maintaining secure patient files. Evaluated children for issues related to dual exceptionalities (LD and Gifted).

### *Prevention Psychology Consultant/ Early Intervention Unit Psychologist*, 1994-1995

Alexandria Community Mental Health Center Alexandria, VA

Developed and implemented a new community-based psychological consultation program for "at risk" preschool children. Offered child behavior observations and assessments; conducted in-service training and workshops for teachers and staff; provided parent guidance and consultation; This program was recognized as a "Best Practice" by the Council on Governments (COG), Washington, DC. Supervised psychology intern in prevention program. Participated in IEP development.

***Staff Psychologist and Coordinator of Psychological Assessment Services, 1992-1994***

Alexandria Community Mental Health Center Alexandria, VA

Provided individual and family therapy in an outpatient clinic. Conducted psychological evaluations of children, adolescents, and adults (special adult populations included MR clients and incarcerated adults in CDI program). Triage and managed psychological testing assignments for staff, interns, and externs. Taught psychology internship testing seminar. Consulted to interagency sexual abuse investigative team. Assessed mental health needs of sexually abused children. Served on city sex abuse task force. Provided prevention and consultation services to preschools with "at risk" children. Co-authored multi-million-dollar multi-year federally funded grant proposal for comprehensive services to SED children.

***Psychologist, 1992-1993 (part-time)***

Department of Pediatrics: Care Clinic at the University of Maryland Hospital, Baltimore, MD

Evaluated children for possible sexual abuse and mental health needs, as member of interdisciplinary team. Provided psychotherapy to abused children and their families. Supervised psychology intern on rotation in clinic.

***Psychologist, 1991-1992***

Mercy Hospital Center for Health Services, Aurora, IL

Staff psychologist providing psychological evaluations for hospitalized children, adolescents, eating-disordered patients, and adults. Provided outpatient psychotherapy to adolescents and adults through hospital EAP. Developed a women's group for postpartum depression and lectured to the community. Served as facilitator for hospital management groups.

***Pediatric Psychologist, 1990-1991***

Mt. Sinai Hospital, Chicago, IL

Provided psychological consultations and inpatient evaluations of sexually abused and neglected children. Provided outpatient psychotherapy to children and families of abuse. Supervised psychology externs.

**CLINICAL TRAINING & WORK EXPERIENCES (PRE-DOCTORAL)*****Psychological Examiner and Psychotherapist, 1989-1990***

Maryville Academy, Des Plaines, IL

Conducted intelligence and personality testing of youth in residential placement. Provided psychotherapy to youngsters.

***Psychology Intern (APA approved), 1988-1989***

Illinois State Psychiatric Institute, Chicago, IL

Primary therapist for hospitalized severely emotionally disturbed adolescents and chronically mentally ill adults. Provided outpatient individual and family therapy. Conducted psychological, neuro-psychological, and emergency room mental health evaluations. Co-leader of adolescent art therapy group & fieldwork supervisor for Art Therapy Program, School of the Art Institute of Chicago (supervised art therapy interns on inpatient adolescent unit).

***Psychotherapist, 1987-1988***

Midwest Family Resources, Chicago, IL

Provided outpatient family therapy and brief individual therapy to sexually abused and neglected children and their families.

***Psychology Extern*, 1983-1986**

Michael Reese Hospital (Siegel Institute), Chicago, IL

Conducted outpatient psychological evaluations of children. Provided long-term outpatient individual psychotherapy and play therapy to children and adolescents. Provided collateral counseling and brief family therapy.

**TEACHING EXPERIENCES**


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***Invited lecture on uses of clinical hypnosis. The Osher Center for Integrative Medicine – Elective (2019, 2020, 2021, 2022)*** at Northwestern Feinberg School of Medicine, Northwestern University

***Core Faculty - National Pediatric Hypnosis Training Institute (NPHTI), 2012 - ongoing***

Teach, train, supervise health care professionals learning pediatric hypnosis in annual flagship workshops and international workshops. Facilitate small experiential groups.

***Faculty (2015)***. Society for Clinical and Experimental Hypnosis (SCEH), Orlando Florida. Annual Workshops (Introductory Level).

Lectured and facilitated small groups for health care professionals learning clinical hypnosis..

***Associate Professor (half time), 2007-2009***, The Chicago School of Professional Psychology (Child and Adolescent Track, Clinical Psy.D. Program), Chicago, IL

Developed and taught *Psychological Assessment I, II, III*: intellectual ability and personality functioning, learning challenges and giftedness, early childhood issues and social/emotional readiness for school, affect & behavioral (dis)regulation, observation and use of play, evaluation of emotional sequelae of trauma and abuse, using test results to formulate treatment recommendations and develop learning strategies. Taught *Psychodynamic Interventions* (reviewed post-Freudian intrapsychic psychodynamic treatment models) and *Professional Development Seminar*. Mentored graduate students' research clerkships (hypnotherapy, resiliency and school readiness among preschoolers, asynchronous development in gifted children, and mental health issues related to onco-infertility). Departmental duties included faculty recruitment committee and Child & Adolescent Program development committee.

***Adjunct Faculty, 2005-2006***

George Mason University, Department of Psychology (School Psychology Program), Fairfax, VA

Taught intelligence testing practicum and supervised graduate students.

**PUBLICATIONS**


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Lombard, L. (2024). A vision to enhance self-regulation in children: The promise of pediatric hypnosis. *American Journal of Clinical Hypnosis*, 1–7. <https://doi.org/10.1080/00029157.2024.2317790>

Lombard, L., Polloni, L., 2024. Medical trauma. In: Sicherer, S.H. (Ed.), *Encyclopedia of Food Allergy*, vol. 1. pp. 655–665. UK: Elsevier. <https://dx.doi.org/10.1016/B978-0-323-96018-2.00054-7>.

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R. C. Knibb, L. J. Herbert, C. J. Jones, J. L. P. Protudjer, C. Screti, C. Roleston, H. A. Brough, C. Warren, L. Lombard, A. F. Santos, R. Gupta, B. P. Vickery, M. J. Marchisotto. (2024). *Allergy*. 2024. Global

availability and update of psychological services for adults, caregivers, and children with food allergy. <https://doi.org/10.1111/all.16204>

Kan K, Enaholo O, Kanaley M, Holtzman G, Ibrahim K, Morales L, Lombard L, Gupta R. Well-Being of Children and Families in COVID-19 Hotspots in Chicago. *J Sch Health*. 2024 Mar;94(3):219-227. doi: 10.1111/josh.13416. Epub 2023 Dec 19. PMID: 38113519; PMCID: PMC10872485.

Lombard, L., & Milling, L. S. (2023). Hypnosis with children and adolescents. In L. S. Milling (Ed.), *Evidence-based practice in clinical hypnosis* (pp. 193–220). American Psychological Association. <https://doi.org/10.1037/0000347-008>

Ciliberti, Ashley & Zaslavsky, Justin & Lombard, Lisa & Samady, Waheeda & Bozen, Alexandria & Hammitt, Iva & Sharma, Rhea & Nadeau, Kari & Gupta, Ruchi & Tobin, Mary. (2022). Initial Findings in Efficacy Evaluation of a Novel Clinical Support Tool: The Food Allergy Passport. *Journal of Allergy and Clinical Immunology*. 149. AB108. 10.1016/j.jaci.2021.12.373.

Lombard, Lisa & Ciliberti, Ashley & Zaslavsky, Justin & Samady, Waheeda & Bozen, Alexandria & Nadeau, Kari & Tobin, Mary. (2022). Multi-Disciplinary Development of a Novel Caregiver and Patient Clinical Support Tool: The Food Allergy Workbook. *Journal of Allergy and Clinical Immunology*. 149. AB117. 10.1016/j.jaci.2021.12.403.

Dyer, Ashley & Ibrahim, Khalid & Hultquist, Haley & Lombard, Lisa. (2022). Psychoemotional Experiences among Adults with Food Allergy: An Exploration of Novel Coping Strategies. *Journal of Allergy and Clinical Immunology*. 149. AB119. 10.1016/j.jaci.2021.12.409.

Herbert, Linda & Knibb, Rebecca & Brough, Helen & Jones, Chrissie & Lombard, Lisa & Protudjer, Jennifer & Santos, Alexandra & Vickery, Brian & Gupta, Ruchi & Screti, Cassandra & Marchisotto, Mary. (2022). Global Availability and Uptake of Psychological Services for Caregivers of Children with Food Allergy. *Journal of Allergy and Clinical Immunology*. 149. AB120. 10.1016/j.jaci.2021.12.412.

Warren, Christopher & Herbert, Linda & Lombard, Lisa & Bilaver, Lucy & Ibrahim, Khalid & Pappalardo, Andrea & Newmark, Pamela & Sharma, Hemant & Tobin, Mary & Assa'ad, Amal & Mahdavinia, Mahboobeh & Fox, Susan & Coleman, Amaziah & Rodriguez, Izeris & Nimmagada, Sai & Jiang, Jialing & Pongracic, Jacqueline & Vincent, Eileen & Hultquist, Haley & Dunn Galvin, Audrey. (2022). Validation of the parent-proxy reported Food Allergy-related Quality of Life Questionnaire (FAQLQ-PF-10) short form in a large, multisite longitudinal cohort of food allergic child-parent dyads. *Journal of Allergy and Clinical Immunology*. 149. AB123. 10.1016/j.jaci.2021.12.421.

Pappalardo, A. A., Herbert, L., Warren, C., Lombard, L., Ramos, A., Asa'ad, A., Sharma, H., Tobin, M. C., Choi, J., Hultquist, H., Jiang, J., Kulkarni, A., Mahdavinia, M., Vincent, E., & Gupta, R. (2022). Self-Efficacy Among Caregivers of Children With Food Allergy: A Cohort Study. *Journal of pediatric psychology*, jsab137. Advance online publication. <https://doi.org/10.1093/jpepsy/jsab137>

Raviv T, Warren CM, Washburn JJ, et al. Caregiver Perceptions of Children's Psychological Well-being During the COVID-19 Pandemic. *JAMA Netw Open*. 2021;4(4):e2111103. doi:10.1001/jamanetworkopen.2021.11103

Warren C, Dyer A, Lombard L, Dunn-Galvin A, Gupta R. The Psychosocial Burden of Food Allergy among Adults: A US Population-Based Study. *J Allergy Clin Immunol Pract*. 2021 Mar;

<https://doi.org/10.1016/j.jaip.2021.02.039>

PMID: 33677077

Bozen A, Zaslavsky JM, Cohn D, Samady W, Lombard L, Nadeau K, Tobin M, Warren CM, Gupta RS. Barriers to food allergy management among Americans with low income. *Ann Allergy Asthma Immunol.* 2020 Sep;125(3):341-343. doi: 10.1016/j.anai.2020.05.007. Epub 2020 May 11. PMID: 32437837.

Bozen A, Kanaley MK, Negris O, Gupta RS, Lombard L. Pediatric allergists' perspectives on the psychosocial challenges of food allergy and factors that support coping. *Ann Allergy Asthma Immunol.* 2020 May;124(5):515-516.e2. doi: 10.1016/j.anai.2020.02.003. Epub 2020 Feb 25. PMID: 32109565.

Brown D, Negris O, Gupta R, Herbert L, Lombard L, Bozen A, Assa'ad A, Chura A, Andy-Nweye AB, Fox S, Mahdavinia M, Tobin M, Robinson A, Sharma H, Coleman A, Jiang J, Bilaver L, Fierstein JL, Galic I, Newmark P, Pongracic JA, Pappalardo AA, Warren C. Food allergy-related bullying and associated peer dynamics among Black and White children in the FORWARD study. *Ann Allergy Asthma Immunol.* 2021 Mar;126(3):255-263.e1. doi: 10.1016/j.anai.2020.10.013. Epub 2020 Nov 4. PMID: 33157272; PMCID: PMC7897313.

Dyer A.A., Kanaley M.K., Lombard L., Warren C.M., Gupta R.S. (2020) Quality of Life in Children with Food Allergy. In: Gupta R. (eds) *Pediatric Food Allergy*. Springer, Cham.

[https://doi.org/10.1007/978-3-030-33292-1\\_4](https://doi.org/10.1007/978-3-030-33292-1_4)

Lisa Lombard. (Review of the Book *Hypnosis in the management of sleep disorders* by Peter J. Kurz and William C. Kohler) *American Journal of Clinical Hypnosis* (submitted October 2019).

Lisa Lombard. (Review of the Book *Using hypnosis with children: Creating and delivering effective interventions* by Lynn Lyons) *American Journal of Clinical Hypnosis*\_Vol. 59, Iss. 3, 2017.

Lisa Lombard. (Review of the Book *Anxious in Love* by Carolyn Daitch and Lissah Lorberbaum) *American Journal of Clinical Hypnosis*, Vol. 58, Iss. 3, 2016.

*Preschool violence prevention and early intervention project.* Selected as one of the Best Practices by the Metropolitan Washington Council on Governments and Area Human Service Directors. Paper presented at "Preventing Violence: Developing Regional Human Services Approaches," October 19, 1994.

Lombard, L., Kahn, S.P., and Fromm, E. The role of imagery in hypnosis: Its relationship to personality characteristics and gender. *International Journal of Clinical and Experimental Hypnosis*, 1990, 38, 25-38.

Kahn, S.P., Fromm, E., Lombard, L.S., and Sossi, M. The relation of self-reports of hypnotic depth in self-hypnosis to hypnotizability and imagery production. *International Journal of Clinical and Experimental Hypnosis*, 1989, 7, 290-304.

Fromm, E., Lombard, L., Skinner, S.H., and Kahn, S. The modes of the ego in self-hypnosis. *Imagination, Cognition, and Personality*, 1987-1988, 7, 335-349.

*Self-Hypnotic Imagery and Personality.* Paper presented at the 36th Scientific Meeting of the Society for Clinical and Experimental Hypnosis, San Antonio, Texas, 1984.

## CERTIFICATIONS

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*Faculty-Scholar* – (2018-2019) Completed year-long interdisciplinary program in integrative healthcare, through the Osher Center for Integrative Medicine at Northwestern School of Medicine

*Approved Consultant, Beginning 2013*, American Society of Clinical Hypnosis

*Critical Incident Stress Management Training – November, 2001*, International Critical Incident Stress Foundation.

## PROFESSIONAL MEMBERSHIPS & LEADERSHIP ROLES

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- American Psychological Association (APA) Division 30 (Hypnosis) **Member of the Council of Representatives** 2021-2025
- APA Member Divisions 30 and 54
- **President**, Board of Directors of National Pediatric Hypnosis Training Institute (NPHTI) 2020-2024
- American Society of Clinical Hypnosis (ASCH), Member since 2009; **Approved Consultant** since 2013
- Chicago Society of Clinical Hypnosis (CSCH), **President**, 2015-2022
- Founding member of Women’s Hypnosis Consultation Group - Chicago, IL (2018)
- Illinois Psychological Association (IPA), **Clinical Section Head** 2015-2017
- Society for Clinical and Experimental Hypnosis (SCEH) – member since 2008; 2017 Workshop Co-Chair for Introductory Training

## COMMUNITY ACTIVITIES

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2020 -2021	Twice weekly 15-minute online mindfulness groups for Oak Park Temple
2017-2018	Member of FARE Chicago Community Engagement Council
2017-2018	Co-facilitator with Dr. Sarah Boudreau-Romano & Invited Speaker “Kids' Food Allergy Hangout” at Lurie Children's Hospital May 2012
2011	Community Talk on Bullying, Mental Health Month, Oak Park, Illinois
2007-2010	VP PTO (Programs), Julian Middle School
2008-2009	OP97 member Mid-level Evaluation Committee
2007-2009	PTO Boards: VP Parent Involvement at Beye Elementary
2006-2007	Member Strategic Improvement Team –OP97 Schools
2003-2006	Member of Alexandria Youth Policy Commission VP for Programs & VP for Membership – George Mason Elem. School
2000-2002	Co-Vice-Chair and member Special Education Advisory Committee (SEAC) – Alexandria School Board of Education

## SELECT PRESENTATIONS, WORKSHOPS, WEBINARS

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*Navigating Nutritional Needs: Understanding the Psychosocial Impact of Medically Restrictive Diets*, Webinar for the Keto Hope Foundation, July 2024

*Therapy (CBT + more) and psychological barriers in food allergy care* invited address to the Illinois Society of Allergy, Asthma, and Immunology, Spring 2024

*NPHTI at SPANZA (Society of Pediatric Anesthetists New Zealand and Australia)*. Sydney and Adelaide, Australia November 2023.

*2<sup>nd</sup> annual Healthy Active Living Conference*, Advocate Children's Hospital, Chicago, IL October 2023.

*Caring for the Caregiver (C4C)*. Webinar Series coordinated by Julie Linden, PhD/Co-taught with Leora Kuttner, PhD and Carla Frankenhuis for Ukrainian Mental Health Care Providers: June, July, August 2022.

*FACES 2022 Conference: Anxiety & Food Allergies*. Invited speaker for FACES 2022, CFAAR, Chicago, IL, June 11, 2022.

*Pediatric Hypnosis Grows Up*. Society for Clinical and Experimental Hypnosis Webinar: June 3, 2022

*Social Emotional Health, Technology and Hypnotic Principles*. National Pediatric Hypnosis Training Institute Webinar: March 15, 2022

*Psychological Aspects of Eczema*, Eczema School Webinar for University of Miami Itch Center, November 2, 2021

CFAAR @ Northwestern University Webinar Series

"*Navigating the Aftermath of Anaphylaxis*" - February 24, 2021

"*Food Allergy Awareness Week with CFAAR*" - May 15, 2020

"*Back 2 School Basics: What's Next?*" - September 30, 2020

*Managing Stress & Daily Life with Asthma: Living your Best Life!* Invited speaker for **CARE** (Conference for Asthma Research and Education) Lurie Children's Hospital. Chicago IL, August 24, 2019.

*Let's talk about Pediatric Hypnosis*. Invited speaker at Northwestern Medicine Central DuPage Hospital (Pediatric Quarterly Department Meeting), June 5, 2019.

*Food allergy stress: What your kids want you to know*. Invited speaker at Midwest **FACES** Conference, Lurie Children's Hospital. Chicago IL, June 9, 2018.

*Mindfulness for Teachers*. Invited staff development training at Holy Family Catholic Academy. February 2018.

*Introduction to Clinical Hypnosis*. Invited lecture for medical students at Northwestern Osher Center for Integrative Care (Summer 2017, Summer 2018, Fall 2019).

*Developmental considerations in Pediatric Hypnosis*. Intermediate Workshop co-taught with Adam Keating, MD at the 68<sup>th</sup> Society of Clinical & Experimental Hypnosis Annual Workshops and Scientific Session. Chicago, IL, October 25, 2017.

*Fight, Flight, or Freeze: Clinical Hypnosis Enhances Self-Regulation and Healing Response in Children and Teens with Anxiety and Chronic Illness*. Advanced Workshop co-taught with Robert Pendergrast, MD at the 68<sup>th</sup> Society of Clinical & Experimental Hypnosis Annual Workshops and Scientific Session. Chicago, IL, October 26, 2017.

*Food Allergy Fears: Managing Parental Anxiety*. Presentation for Food Allergy Support and Education (FASE) at Lurie Children's Hospital, June 8, 2016.

*Integrating Clinical Hypnosis into Therapy with Children and Teens*. 3 CE workshop co-sponsored by IPA and CSCH. Chicago, February 6, 2016.

*Fight, Flight, or Freeze: Clinical Hypnosis Enhances Self-Regulation and Healing in Children and Teens with Anxiety and Chronic Illness*. Presented with Robert Pendergrast, MD, MPH at the American Society of Clinical Hypnosis Annual Scientific Meeting and Workshops (Jacksonville, FL) March 29, 2015.

*Illinois Psychological Association Annual Convention*, Clinical Section Workshop Panel Member ("Uses of Pediatric Hypnosis"), Skokie, IL, November 8, 2014.

*Fight, Flight, or Freeze: Clinical Hypnosis for Building Resilience in Children and Teens with Anxiety and Chronic Illness*. Presented with Robert Pendergrast, MD, MPH at the American



Society of Clinical Hypnosis Annual Scientific Meeting and Workshops (San Diego, CA) March 22, 2014.

*National Pediatric Hypnosis Training Institute (NPHTI)*. Core Faculty Member, Minneapolis, MN. National Pediatric Hypnosis Training Institute, 3-day annual workshop for Pediatric Health Practitioners. Annual Workshop Training 2012-present.

*Mindfulness in the Classroom*. Staff development training at FXW. February 17, 2012.

*Using Pediatric Hypnosis*. Intermediate Workshop offered for Chicago Society of Clinical Hypnosis, January 28, 2012.

*Mind the body, mend the psyche, monitor the pocketbook: Using hypnosis with pediatric patients to reduce anxiety, discomfort, and costs.* In-service presentation to staff at Shriners Hospital. Chicago, July 30, 2009.

*Pediatric Hypnosis* (guest lecture) at Adler School of Psychology, Chicago, IL, May, 2009.

*Using hypnosis with pediatric populations*. Lunch colloquium at The Chicago School of Professional Psychology, April 2009.

*Introductory Workshop on Self-Hypnosis*. Taught at SCEH 59<sup>th</sup> Annual Workshops & Scientific Program (King of Prussia, PA), October 2008.

*Giftedness and Psychological Testing*, quarterly presentations to parents at George Mason University Cognitive Assessment Clinic, 2005-2006.

*Executive Functioning in Children*. Spring, 2004. Panel presentation to PTA.

*Learning Styles, Test-taking, and Resilience in Children*. Fall, 2004 presentation to PTA.

*Helping Preschool Children Cope with Stress*. Presentations to community preschools serving "at-risk" children, 1994-1995.

## MEDIA EVENTS

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Originally broadcast on the 28th of August, 2024. In this episode, Dr. Anbar sits down with Dr. Lisa Lombard who discusses how providing Comfort Kits to school age children can help them cope better with stress.

<https://centerpointhypnosis.com/cpm-radio-show>

April 2022 Eczema Out Loud podcast:

<https://nationaleczema.org/podcast-mental-health-is-health/>

<https://www.allergicliving.com/emagazine/food-allergy-anxiety-guide/>

Invited participant in **Food Allergy Roundtable on FA Anxiety** and e-magazine issue of [AllergicLiving.com](http://AllergicLiving.com)

<https://www.jivome.com/podcasts/the-science-of-hypnotherapy/> Holistic Health Podcast with Dr. Raja Sivamani. Episode 6: The science of hypnotherapy with a clinical psychologist.

<http://chicagopsychologypodcast.libsyn.com/pediatric-hypnosis-with-dr-lisa-lombard-phd>

Chicago Psychology Podcast July 2019, **Pediatric Hypnosis** with Dr. Lisa Lombard

It's Always Something: The Link Between Stress and Asthma (January 26, 2017). **Exhale Now**.  
<https://exhalenow.com/stress-and-asthma/>

Kids with Food Allergies: Effects on Both Child and Parent Part 1: Behavioral Strategies and Part 2: Psychosocial Implications. In *cprgi*. (August 27, 2013). **Center for Psychosocial Research in GI, Northwestern University Feinberg School of Medicine**.  
<http://cprgi.org/blog/kids-with-food-allergies-effects-on-child-parent-part-1-behavioral-strategies/> - Food Allergy and Anxiety Blog Part 1 and  
<http://cprgi.org/blog/kids-with-food-allergies-effects-child-parent-part-2-psychosocial-implications/> - Food Allergy and Anxiety

*References furnished upon request.*